

u3a Longridge Monthly Bulletin

- **Ceilidh and Hot Pot Supper tickets now on sale**
To be held on Saturday 27th September 2025 from 7.00pm until 10.00pm at the Civic Hall, Calder Avenue, Longridge.
Tickets cost £10 and are available at the monthly meetings from Barbara Griffiths, Vice Chair, via the website or from your Group Convenor.
- **ACE WORKSHOPS**
Creative Writing – Help! I want to Write
REMINDER
Monday 30th June 2025, 10.00am – 12.00pm at the Cricket Club, Chipping Road. Cost £3
Katherine invites you to join her fun, interactive writing session.
To book a place, please email publicity4longridgeu3a@gmail.com or see Pat Gardner or Belinda Fairhurst at the next monthly meeting.
- **Monthly Meeting**
Upcoming speaker at our monthly meeting - Civic Hall
1:30pm on Tuesday 1st July 2025- The talk is about Medical Detection dogs.
- **Thank you and welcome**
Warm thanks go to Munling Shields (Food for Thought) and Helen Greenwood (Discussion Group) who have handed the baton of Convenor after many years of successfully building their groups. Reg Draper is stepping down from the Geology/ geography group which is now inactive until a new convenor comes forward.
It's welcome to Chris Aveyard (FFT) and Mike Lythgoe (D) who are taking on the mantle of convenor. We only thrive because of people stepping forward and volunteering so thanks and good luck to both. There is as much support as you need- especially from Rob Kemp our wonderful Groups Co-ordinator.
- **Photo competition**
The winning photo came from the Intrepid Bus Pass Explorers group and can be seen on their page of the website. Thanks for Mike Cussons (convenor of Photography group) for choosing the winner
- **History Group**
The next meeting is on June 11th at the Cricket Club. The meeting starts at 10.00. The topic is 'The Women of Winkley Square. It includes Edith Rigby, a suffragette and a woman who married a man who later decide to become a Catholic priest. A decision that required his wife to become a nun.
You couldn't make it up!! All welcome.
- **Invitation from Longridge Library**

'Crime fact vs Crime fiction' – Come and hear our expert panellists bust the myths of your favourite crime novels and TV dramas and share some true tales that would have even Sam Spade and Veronica Mars on the edge of their seats.

Thursday 19 June 7-8pm

- **Study into the health and wellbeing of adults who grew up in foster or residential care**

Research has shown that care-experienced adults face a greater risk of negative health outcomes compared to the general population.

Researchers, at the University of Oxford, are holding focus groups to understand the health and wellbeing concerns of older care experienced adults and explore the types of support they would like to receive from health and social care services.

If you, or someone you know, would like to learn more, please contact Jono on Jonathan.Taylor@ndph.ox.ac.uk or 01865 617912.

- **Whisper it!!
Dare I mention Christmas??!!**

This year we are making a complete change and with your support, it will be a great success.

Some members would prefer a lunchtime event so there will be 2 options .

You may come to both if you wish and bring a guest. Both are at The Gibbon Bridge Hotel.

Saturday 6th. December, at 7 pm a 3 course meal with raffle, quiz and entertainment - £35pp.

Accommodation available at a special rate.

Wednesday 10th. December at 12.30 pm a 2 course lunch with quiz and raffle - £30pp.

This is preliminary information. Please speak to Barbara Griffiths if you have any questions. Booking forms will be available soon.